

PROVIDE CARDIOPULMONARY RESUSCITATION (CPR)

UNIT: HLTAID001 (St John Reference: CPR14)

COURSE DURATION: 3 hours

Overview

This CPR course provides the knowledge and skills required to maintain life in an unconscious patient until medical aid arrives.

Please note: it is an assessment requirement of this course that the participant be able to competently perform two minutes of continuous adult CPR on the floor.

Course Content

- DRSABCD Action Plan
- Legal issues and infection control
- Management of the unconscious, breathing patient
- Management of the unconscious non-breathing casualty, using Cardiopulmonary Resuscitation (CPR) on an adult and infant; and the use of an Automated External Defibrillator (AED)
- Managing a choking casualty

Competencies

A Statement of Attainment is issued for successful completion of this course for the following unit:

HLTAID001 : Provide Cardiopulmonary Resuscitation

Provided Training Materials

- Personal protective equipment (for use in the course)
- St John "Basic Life Support" publication

Pre-requisites

Participants with a language or literacy difficulty or other special needs should inform the training support staff or trainers so appropriate assistance can be arranged.

Certificate Renewal

As per the *First Aid in the Workplace Code of Practice*, first aiders should attend training on a regular basis to refresh their first aid knowledge and skills and confirm their competence to provide first aid. The Australian Resuscitation Council (ARC) recommends the CPR competency be recertified annually.

Please be familiar with any requirements in your own industry and/or organisation.